

# Skier Type

What is your skier type?

This information combined with your height, weight, age and boot sole length determine your binding release/retention settings. Learn more below and ask your rental technician for more information.



## Type 1 - Beginner

Beginner skiers are new to snowsports or are coming back to skiing after an extended break. This corresponds to a lower release/retention setting for bindings.

## Type 2 - Intermediate

Intermediate skiers are comfortable with groomed terrain and ski recreationally. This corresponds to an average release/retention setting for bindings.



## Type 3 - Advanced

Advanced skiers enjoy groomed and ungroomed terrain and are all mountain skiers. Terrain Park skiers included. This corresponds to a higher release/retention setting for bindings.

